

Monday

Mini Waffles **3**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Pancakes **10**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

French Toast Sticks **17**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Cinnis **24**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Pumpkin Muffin **31**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Tuesday

Mini Cinnis **4**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Cereal Bar & String Cheese **11**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Pop Tarts **18**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Turkey Sausage Breakfast Pizza **25**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

All meals are served with the choice of 1% white milk or nonfat chocolate milk.

Wednesday

Turkey Sausage Breakfast Pizza **5**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Blueberry Muffin **12**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Bagel Mini Strawberry Creamy Cheese Filled Or Cereal **19**
Fruit
Juice

Mini Waffles **26**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Thursday

Buttermilk Bar **6**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Apple Frudel **13**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Chocolate Muffin **20**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Cereal Bar & String Cheese **27**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

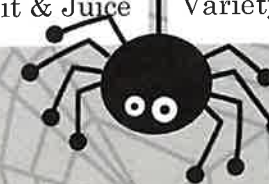
Friday

Fruit & Yogurt Parfait w/ Graham **7**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll **14**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Fruit & Yogurt Parfait w/ Graham **21**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll **28**
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice



Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



OCTOBER 2022

COBBLESTONE ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plused.org

Monday

Pizza Pocket **3**
Chimi Nada
Green Beans
Baby Carrots – Salad
Apple – Pineapple Chunks
Fruit Roll Up

Chicken Taquitos **10**
Twice Grilled Cheese Quesadilla
Black Beans
Broccoli Salad – Salad
Orange – Diced Pears
Goldfish Crackers

Chicken Double Dogs **17**
Grilled Cheese Sandwich
Green Beans
Baby Carrots – Salad
Apple – Pineapple Chunks
Fruit Roll Up

Pizza Pocket **24**
Chimi Nada
Green Beans
Baby Carrots – Salad
Apple – Pineapple Chunks
Fruit Roll Up

Pumpkin Pretzel & Cheese **31**
Green Beans
Baby Carrots – Salad
Apple – Pineapple Chunks
Pumpkin Icee

Tuesday

Beef Taco Stick **4**
Bean & Cheese Burrito
Elote Corn – Salsa – Sour Cream
Celery Sticks – Salad
Orange – Diced Pears
Tortilla Chips

Orange Chicken Rice Bowl **11**
Black Bean & Rice Bowl
Stir Fry Veggies
Baby Carrots – Salad
Apple – Pineapple Chunks
Ice Cream Cup

Taco Pocket **18**
Bean & Cheese Pupusa
Elote Corn – Salsa – Sour Cream
Celery Sticks – Salad
Orange – Diced Pears
Tortilla Chips

Beef Taco Stick **25**
Bean & Cheese Burrito
Refried Beans
Broccoli Salad – Salad
Orange – Diced Pears
Goldfish Crackers

**All meals are served with
the choice of
1% white milk or
nonfat chocolate milk.**

Wednesday

Domino's Smart Slice Cheese **5**
Or Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Variety of Fruit
Chocolate Chip Cookie

Domino's Smart Slice Cheese **12**
Or Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Variety of Fruit
Chocolate Chip Cookie

Domino's Smart Slice Cheese **19**
Or Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Variety of Fruit
Chocolate Chip Cookie

Domino's Smart Slice Cheese **26**
Or Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Variety of Fruit
Chocolate Chip Cookie

Thursday

Corn Dogs **6**
Sunbutter & Jelly Sandwich
Tater Tots
Broccoli Salad – Salad
Pear – Diced Peaches
Ice Cream Cup

Ham & Cheese Melt **13**
Veggie Croissant
Steamed Corn
Broccoli Salad – Salad
Pear – Diced Peaches
Fruit Roll Up

Chicken Nuggets **20**
Macaroni & Cheese
Tater Tots
Broccoli Salad – Salad
Pear – Diced Peaches
Goldfish Crackers

Corn Dogs **27**
Sunbutter & Jelly Sandwich
Tater Tots
Broccoli Salad – Salad
Pear – Diced Peaches
Ice Cream Cup

Friday

Twin Cheeseburgers **7**
Grilled Cheese Sandwich
Baked Beans
Baby Carrots – Salad
Apple – Mixed Fruit
Chips

Chili Dog **14**
Cheese Pull Aparts
Tater Tots
Baby Carrots – Salad
Apple – Mixed Fruit
Rice Krispie Treat

Ham & Cheese Croissant **21**
Sunbutter & Jelly Sandwich
Baked Beans
Baby Carrots – Salad
Apple – Mixed Fruit
Chips

Twin Cheeseburgers **28**
Grilled Cheese Sandwich
Steamed Corn
Baby Carrots – Salad
Apple – Mixed Fruit
Chips



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